

Meeting of the Senior Persons' Council
on 20th June 2013
at Billingshurst Community & Conference Centre

NOTES

Attendees:	Paul Smith	(PSm)	- Vice Chair, Nuthurst
	Keith Barraclough	(KB)	- Resident, Billingshurst
	Judith Hollingdale	(JH)	- Resident, Henfield
	Pat Dean	(PD)	- Resident, Upper Beeding
	Janet Durham-Shearer	(JD-S)	- Resident, Storrington
	Eva Matschy	(EM)	- Resident, Horsham
	Dot Davidson	(DD)	- Resident Mannings Heath
	Lesley Ainslee	(LA)	- Resident, Henfield
	Betty Ogden	(BO)	- Resident, Henfield
	Carole Duffy	(CD)	- Resident, Horsham
Officers:	Clare Ebelewicz	(CE)	- Snr Yth & Older Persons Officer, HDC
	Shirley Gardner		- Administrator, HDC
Cllrs:	Kate Rowbottom	(KR)	- HDC Cllr & Pride of Place Champion
	Brian Harvey	(BH)	- Forest Neighbourhood Cllr
Visitors:	Paul Somerville	(PSo)	- Sussex Community NHS Trust
	Sarah Eggleton	(SE)	- Head of North Locality, Sussex Community NHS Trust
	Evelyn Prodger	(EP)	- Matron (Horizon Unit & Intermediate Care Mid Sussex) Sussex Community NHS Trust
Apologies:	Joyce Shaw	Peggy Weeks	
	Michael Jarvis	Martin Toomey	
	Cllr Sue Rogers	Ann Gover	

1. Welcome, Introductions and Apologies (inc. Member update)

In the absence of Barry Mursell, the meeting was chaired by Paul Smith (Vice Chair)

2. Notes of the last meeting

- Are they correct record of meeting?

All agreed they were a correct record of the meeting.

- Progress against Action not elsewhere covered on the agenda.

Ken Longhurst: Parking in Billingshurst. **CE** reported that she was following up this request for Parking Services to be invited to next SPC. Unfortunately, they were unable to attend today and it was hoped they could attend next meeting in September.

3. Matters Arising not elsewhere covered on the Agenda

None.

4. Correspondence received since last meeting

- Age UK

A number of documents from Age UK National branch were received, including 'Talking Treatments' and their newsletter, The Link. These were scanned and circulated but some members encountered problems on opening the documents. **DD** requested that SPC members receive hard copies of these publications. **ACTION: CE** to talk to **JL** about SPC members being on circulation list for these National Age UK documents.

5. Presentations From Guest Speakers

- Paul Sommerville, Marketing & Stakeholder Engagement Manager, Sussex Community NHS Trust

PS thanked SPC for invitation and introduced Sarah Eggleton (**SE**), Head of North Locality, Sussex Community NHS Trust and Evelyn Prodger (**EP**), Matron (Horizon Unit & Intermediate Care Mid Sussex) Sussex Community NHS Trust.

Sussex Community NHS Trust, formed in October 2010, was a large organisation comprising 4400 staff. These are a mix of Community and Specialist nurses, providing a range of services including medical, nursing and therapy. It spends £185 million year.

The Trust's key principal is care and compassion, with quality of care being highest priority.

The Trust is spread across a large area, situated in key bases and health centres i.e. Horsham Hospital, Crawley and central Mid Sussex, Primary Care Centres.

SE distributed their "Tell us your Views" leaflet, which included a Feedback and Membership form, on pages 11 to 14, for SPC Members to complete. All were encouraged to complete and hand this in at end of meeting, or to use the freepost address available on the back page.

People were encouraged to become members as it was felt that the Board should consist of local people.

List of Council of Governors on page 17 showed groups these are taken from and page 22 listed all services and a map showing key sites of services.

4,000 members of the public are to be recruited as Members by 2014, making a diverse membership across West Sussex and Brighton & Hove. People can choose how they become involved as a Member, with the more involved able to become a Governor, working closely with Board of Directors.

Anyone over age 12 and living in West Sussex and Brighton & Hove is eligible to become a Member and **SE** said they hoped to recruit people from the SPC group.

EP gave update on some services delivered in Horsham which included:

- General services which cover visits by Community Nurses for long term conditions
- Admission Avoidance team to prevent admission
- Intermediate Care short term service
- Falls team
- Community Rehabilitation team, covering stroke, degenerative conditions etc.
- Heart failure team
- Chronic pulmonary team
- Palliative care, working with Hospice.
- Covers ages mid 20s upwards.
- Minor Injuries Unit which opens Monday – Friday.

Questions invited:

PSm: Asked for clarification on process of becoming a Member and on voting for Governor.

PSo: A person can only become a Governor if they are an existing member, as all elected Governors are Members first.

KR: Asked what difference it will make.

SE: No impact to staff on the ground, but would give the Trust more autonomy, more control to make decisions, as currently the Trust was bound now by directions from Department of Health. In terms of localism, this will give much more freedom.

DD: Asked how the capabilities of existing services will be affected by the increasing population.

SE: Gave an example of one area being looked at, which is Horsham and Crawley's need for

Children's Services etc and referred to a recent meeting regarding a 5-10 year plan.

PSm: Commented that in the past, there was not enough liaison between the local planning authority and NHS.

SE: Horsham and Mid Sussex Clinical Group work closely with local and district councils. As provider organisations, they are commissioned to provide services to local areas and also work closely with Social Care. In creating teams for multi agency working, this provides joined up services for residents of West Sussex.

DD: Asked if this included East Surrey Hospital and referred to transport difficulties?

SE: Said she was aware of transport issues to this hospital, but East Surrey is over the county boundary and not part of West Sussex. However, a meeting is to be held with Surrey Health Care and it is hoped to improve accessibility. No short term solutions, but it is being looked at.

JDS: Said in recent months we have been sold the idea of police force changes (i.e. Police Crime Commissioners), which has proved to be costly, and asked how much new 'top' jobs created will cost and whether there will be additional jobs at 'the top' with large salaries.

SE: Replied that there will be trimming down of Executive, with fewer salaried Executives.

PSm: As there are no plans in the Trust to see an increase in Senior Directors, this may be seen as a risk to Governors, who are members of the public running the organisation. He thought there was a need for Senior Directors to ensure, as an organisation, it is running effectively.

CD: Asked if there were any more public meetings.

SE: Said a full consultation programme started last week, running to 30th August. This will cover visiting different groups and details of events being held/to attend are on website.

All were reminded to complete the form in leaflet.

- Howard Collins (HC) - Health and Wellbeing Manager, Horsham District Council

HC circulated postcards printed with relevant information on HDC Health & Wellbeing service, which commenced 2 years ago.

HC said by signposting people through the Health & Wellbeing Hub, they hope to keep people healthier and more active, preventing doctor and nurse visits. Lifestyle advice can be given to people aged over 18yrs and if not the right services for a person, the Hub can pass on to correct team.

This service can relate to SPC, as it is seen that a third of clients on database of 600 are 65 plus.

Relevant points of service include:

- HDC Health & Wellbeing service covers every district across West Sussex. Other councils run a similar service to HDC but may differ as each area has slightly as different demographics.
- In Horsham District, the Hub consists of 1.5 Health & Wellbeing Advisors and 1 part time administrator.
- 'Wrap around' service includes:
 - Physical activity coordinator
 - Healthier weight coordinator
 - Warm homes project

With underlying causes sometimes being relevant to emotions and isolation, people may need 'signposting' to right place for practical assistance.

Questions invited:

JDS: Thought Age UK did similar service.

HC: Explained that Age UK had 'Health Champions' which were similar but offered a different service altogether. HDC Health & Wellbeing has been commissioned across this District to make referrals to correct organisation(s).

DD: Had found this service only caters for people aged up to 74 years and she took issue as all

need assistance. **DD** queried why this age cap?

HC: Health check is produced and facilitated by NHS and they made the decision about where things start and finish. He added that that Hub provides health 'MOTs' as a complimentary service.

6. Reports from Members who have attended Events/Meetings on Behalf of the Senior Persons' Council

CD: Attended Town and Community Partnership AGM. Items discussed included election of officers, Riverside Walk project to improve footpath signage etc and information about news awaited on claims for grants.

7. Update from on Senior Persons' Council's Executive

- Action Plan – Update Against Progress

CE: Nothing back from **BM**. Deferred to next meeting.

8. Updates on Senior Persons' Council's Projects

- Target Hardening of Older People Properties

CE: Spoken with Greg Charman, Community Safety Manager at HDC, following discussion at last meeting regarding issues raised by **FB**. These issues included; many older people's homes do not have chains, 'bogus people' signs or key safes on side of properties.

CE read out email from **GC**, which outlined Community Safety Partnership and referred to specific priorities relevant to the SPC's suggestions. **GC** had said that it was felt to be important to share Plan with SPC, and offered to sit down with members from SPC group to consider opportunities for collaborative working. Anyone wishing to become part of the discussions and taking this forward to let **CE** know and she will set something up with **GC**.

9. Updates on other organisations' Projects

- HDC: Pride of Place Campaign

CE: Referred to local progress with regarding to campaign. This included some District Councillors signing up as Advocates with **KR** appointed as Pride of Place Champion. Parish Councils signed up to support the Campaign and a seminar was held last November to highlight campaign and share 'best practice'.

Last month the first edition of the Pride of Place Newsletter, which included foreword by **KR**, was disseminated. This shares best practice and ideas from different areas of the District, which can perhaps be adopted by others.

This Newsletter is available on HDC website by following the link below:

http://www.horsham.gov.uk/files/Pride-o-Place_Newsletter.pdf

- HDC: SIWG 'Poverty Amongst Older People' Review

KR was recently appointed as new Chair of this Social Inclusion Working Group, which had begun a review on poverty amongst older people. There has been an initial scoping discussion to define what poverty means. It was felt to go beyond the financial aspect poverty and includes access to information, social opportunities, health and much more.

- Horsham District Age UK

JL sent her apologies and **CE** was asked to inform the group about event being held later this year by Horsham District Age UK.

Horsham district research on 'loneliness and isolation' is coming to an end. Analysis results will be launched at '**Loneliness and Isolation and Local Older People: impact & solutions**' event to be held on Tuesday 3rd September at the Drill Hall, Horsham from 10.00am – 2.00pm. Number of speakers will attend, including:

- Paul Cann, Age UK Oxfordshire and founder member of the Campaign to end Loneliness.
- Sue d'Authreau, Public Health Researcher, WSCC on what results say and show.
- Dr Farhang Tahzib, Consultant in Public Health WSCC.

This event is open to local people and invitations have been sent to SPC members. **JL** confirmed 'reasonable' travel costs would be reimbursed and, if anyone would like to attend, to let **JL** know.

The SPC's research work in partnership with Age UK South East, which was aimed at dispelling the myth all is OK for people living in the South East because every one is affluent, was one of the catalyst for the research on 'loneliness and isolation' - **JL** has built on this, working with West Sussex Public Health.

PSm felt less money went into South East than perception shows and if this is true, it would raise two important points;

- More older people live in the South East, as people like to retire in rural areas and;
- South East has higher population. Cost of living comes into this so there was certain advantage in living in the north.

10. Updates on Consultations the Senior Persons' Council has been invited to respond to or has responded to:

CE reminded all, if possible, to complete form in leaflet mentioned by **SE** in Item 5.

11. New Issues the Senior Persons' Council may wish to consider:

- What issues would you like to highlight?

DD: Applying for CRB check, for enabling visiting. Point of accuracy on accessing accurate dates/address list during past life. Found not all information was available as she has moved through various areas and has no family to ask. Finding she can only go back 66 years, asked how far back person has to go.

CE said last five years with no gaps in dates.

- Future agendas items:

- Keep CRB check as agenda item
- **KR** suggested Greg Charman to attend future meeting

12. Publicity Update

- SPC 2013 Newsletter

CE said last Newsletter was 2012, kindly produced by **CD** and **AG**. Members were asked if they would like to see a 2013 newsletter as this provides opportunity for SPC to promote itself and raise awareness of what it has been doing. If so, **CE** requested two volunteers.

PS said, as it was over 12 months since last edition, to raise at next meeting?

JDS asked what format it took. The newsletter was normally A4 double sided.

- HDC Older Persons Web Page (<http://www.horsham.gov.uk/community/3406.aspx>)

Minutes of previous SPC meetings and items regarding Pride of Place etc. can be found on the HDC website.

13. Senior Persons' Council – Member Update

- Contact Details

As a problem was found contacting members of SPC Executive for meeting on 28th May, **KB** asked for a SPC members list with contact details to be shared. Members were asked for their views on this information being shared with other Members of SPC. Anyone not happy for their details to be shared to let **CE** or **SG** know. An appropriately edited list can then be circulated.

Any contact changes please let **SG** know.

14. Newsletters and Publications of interest to the Senior Persons' Council

None

15. Any Other Business

LA had booklet of the Directory of Henfield area, which Alison Vine had circulated. This was compiled by Henfield Community Partnership.

KR referred to the Horsham District Older Persons' Directory. For your copy of the Directory, please follow link below or telephone the Horsham District Health and Wellbeing Hub on 01403 215111.

<http://www.horsham.gov.uk/community/3409.aspx>

16. Dates of Future Meetings:

Wednesday 11th September – Committee Room, The Steyning Centre
Tuesday 10th December – Large Hall, Ashington Community Centre